**Terms and Conditions**

**Last updated: 19/05/2025**

Welcome to Active Book Club. By accessing or using our website, services, or subscription, you agree to the following terms and conditions. Please read them carefully.

**1. About Us** Active Book Club is a subscription-based wellbeing platform developed by Bee Watson, a certified and insured personal trainer, women’s health coach, and menopause movement specialist. We offer monthly book club content, reflection prompts, and a movement-focused community experience.

**2. Subscriptions and Payments**

* Subscriptions are billed monthly unless otherwise stated.
* You can cancel your subscription at any time via your account settings or by contacting us.
* No refunds will be issued for partial months.
* We reserve the right to change pricing, with advance notice provided.
* Please note: the books selected or recommended as part of Active Book Club are not included in your subscription and must be sourced or purchased separately through your chosen provider (e.g., Audible, Apple Books, local library).

**3. Content and Access**

* Content is for personal use only and may not be shared, copied, or distributed without permission.
* Access to certain features may vary depending on your subscription tier.
* We may update or modify content to improve user experience.

**4. Community Guidelines**

* Respectful communication is expected from all members.
* Harassment, discrimination, or abusive behaviour will result in immediate removal without refund.
* We reserve the right to moderate or remove content that violates these terms.

**5. Health Disclaimer**

* The information provided through Active Book Club is educational and not a substitute for professional medical advice.
* You are responsible for ensuring that any movement or health-related actions you take are suitable for your own needs and conditions
* Participation is entirely voluntary and users are free to adapt or ignore any suggestions or prompts provided
* We do not guarantee any specific outcomes or results from participating in Active Book Club. Individual experiences may vary.

**6. Intellectual Property**

* All site content, including graphics, copy, and resources, are the property of Active Book Club unless otherwise credited.
* You may not use or reproduce any materials without express written permission.

**7. Limitation of Liability**

* We are not liable for any direct, indirect, incidental, or consequential damages arising from the use of our service.
* We make no guarantees about the effectiveness or results of participating in Active Book Club.

**8. Cancellation and Termination**

* You may cancel your membership at any time.
* We reserve the right to terminate accounts that violate our terms or disrupt the community.

**10. Governing Law** These terms are governed by and interpreted in accordance with the laws of England and Wales. Any disputes shall be subject to the exclusive jurisdiction of the courts of England and Wales.

**11. Age Requirement** Active Book Club is intended for users aged 18 and over. By subscribing, you confirm that you meet this age requirement.

**12. Waiver of EU Consumer Rights** If you reside in the European Union, you acknowledge and agree that by subscribing to Active Book Club, you waive your right to a 14-day cancellation period under the Consumer Rights Directive. Access to digital content is provided immediately, and by proceeding, you consent to this immediate access and waive your right to cancel.

**13. Product Safety and EU Compliance (GPSR)**

In accordance with Regulation (EU) 2023/988 on General Product Safety (GPSR), Active Book Club ensures that all digital products made available to consumers within the European Union meet the applicable safety requirements.

All products are delivered digitally and are intended for general informational and educational purposes only. They are not medical, therapeutic, or professional advice, and should not be treated as such. Users are responsible for determining whether the product is appropriate for their personal use, and are advised to seek professional guidance where necessary.

We conduct reasonable assessments of our digital content to ensure that it does not pose foreseeable risks to consumer safety, including to vulnerable groups. Should any safety concerns be identified, we reserve the right to suspend or modify product access and notify affected users as appropriate.

For users located in the EU, the following apply:

* You have the right to contact us regarding any safety concern related to a product.
* A point of contact is available via hello@activebookclub.org
* We will investigate safety complaints and take necessary action in accordance with applicable regulations.
* We maintain a system for monitoring and, where required, reporting safety issues.

By using our services, you acknowledge and accept that you are responsible for your own use and interpretation of the materials provided.

**14. Changes to These Terms**

* We may update these terms occasionally. Continued use of the platform means you accept the revised terms.
* Significant changes will be communicated via email or on the website.

**15. Contact Us** For questions about these terms, please contact us at hello@activebookclub.org